



## Find a doctor in your health plan's network

### A step-by-step guide for the plan you are considering

Having access to the right doctor can have a positive impact on your health and well-being. Choosing one in your plan's network also saves you money.

Our online **Find Care** resource at [anthem.com](https://www.anthem.com) and the Sydney<sup>SM</sup> Health mobile app include a search function to locate medical doctors, hospitals, labs, dentists, eye doctors, and other healthcare professionals in your plan's network. If you use a healthcare professional or facility outside your plan's network, your part of the cost will be higher

and your care may not be covered. Read on for details on how to use these convenient tools to find the right care for you.

You can search for care from anywhere with the Sydney app, or follow the instructions on the next page to find care online.



## How to find care in your plan's network online

1. Go to [anthem.com/find-care/](https://www.anthem.com/find-care/) or open the Sydney<sup>SM</sup> Health app.
2. You can look for a doctor by searching as a member by logging in with your username and password or the member ber number located on your ID card.
3. Select the **Find Care** option on the welcome menu.
4. Choose who you would like to see. You can search for a doctor nearby or use their name.
5. Select a doctor from the list to see more details, such as:
  - Specialties
  - Gender
  - Languages spoken
  - Training
  - A map of their office location
  - A phone number

### We are here to help

If you have any questions or need more information, please contact Member Services using the phone number listed on the back of your ID card.



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