

GET YOUR FLU SHOT AND BIOMETRIC SCREENING AND EARN WELLNESS INCENTIVES

Unable to attend a clinic being held at your Energy Harbor location? You have alternatives to obtain your Biometric Screening and your Flu shot. Each activity can also earn rewards towards your annual wellness rewards allowance through the Virgin Pulse Wellness platform.*

	Alternative to On-Site Clinics	Flu Shot	Biometric Screening
Pulse	Vouchers from Virgin Pulse platform	CVS or Walgreens	LabCorp
+	Medical Insurance Card	Х	х
10	Prescription Card	CVS Only	

Flu shots may not be available until sometime in September

VOUCHERS FROM VIRGIN PULSE PLATFORM*

How to print your flu shot and or biometric screening vouchers:

- 1. Log into your Virgin Pulse account at <u>member.virginpulse.com</u>. If you are not a user, please sign up. <u>https://join.virginpulse.com/EnergyHarbor.</u>
- 2. Click on the "Benefits" tab > "View All." Scroll down to "LabCorp."
- Select "LabCorp". Click "Start Now" and if asked, register and acknowledge the authorization form. At the Welcome! screen, click "Download Form" for LabCorp Voucher and Flu Voucher-Walgreens or "Submit Form" for Flu Voucher-CVS, if you prefer to visit CVS for your Flu shot. Print each voucher.
- 4. Visit <u>www.labcorp.com/findalab</u> to find a local *LabCorp facility for your biometric screening*. An appointment is not required, but highly recommended. Remember to take the screening voucher with you to LabCorp and read all instructions on the form before your visit to ensure it goes smoothly. Voucher must be used by December 15, 2021.
- 5. *To receive your biometric screening reward* (\$50 Pulse Cash), LabCorp will automatically submit your results to Virgin Pulse. Your results will be posted to Virgin Pulse portal within 2-3 weeks of your test.
- 6. Visit a local *CVS or Walgreens to get your flu shot*. Remember to take the flu shot voucher with you. You do not need a prescription card if you have a voucher.
- 7. *To receive your flu shot reward* (\$25 Pulse Cash), you will need to visit the Virgin Pulse portal, click on "Health" and then "My Care Checklist." Click on "Flu Shot" and then "Add Appointment Date" and enter the date of your appointment.
- 8. Vouchers and forms **must be** obtained/printed from your own personal Virgin Pulse account.



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USING YOUR MEDICAL INSURANCE CARD

Take your Anthem medical insurance card to your primary care physician for a flu shot and/or a biometric screening.*

- 1. Call your physician for a biometric screening and/or flu shot appointment.
- 2. Before your visit, download the Biometric Screening Form (no flu shot form needed) from the Virgin Pulse portal.
- 3. Log into the Virgin Pulse Portal. If you are not a user, please sign up at https://join.virginpulse.com/EnergyHarbor.
- 4. Click on the "Benefits" tab > "View All." Scroll down to "Biometric Screening Verified Form."
- 5. Select "Start Now" for the biometric screening form. Print this form.
- 6. Take the biometric screening form to your appointment and have your physician complete & sign it.
- 7. *To receive your biometric screening reward* (\$50 Pulse Cash), submit your completed biometric screening form by scanning and uploading to your Virgin Pulse account, or by faxing the form to 508-302-0055. To upload the form, sign into your account, click on "Support" and select "Submit a request." Then choose the appropriate form option from the drop-down menu.
- 8. *To receive your flu shot reward* (\$25 Pulse Cash), visit the Virgin Pulse portal, click on "Health" and then "My Care Checklist." Click on "Flu Shot" and then "Add Appointment Date" and enter the date of your appointment.

USING YOUR PRESCRIPTION CARD

If you'd like to use your prescription card be sure to take your Energy Harbor Prescription CVS Caremark pharmacy card to a local CVS for a flu shot.*

- 1. Visit <u>Caremark.com</u> to find a pharmacy in your network.
- 2. Present your CVS Caremark card to the CVS pharmacist during your visit.
- 3. To receive your flu shot reward (\$25 Pulse Cash), visit the Virgin Pulse portal, click on "Health" and then "My Care Checklist." Click on "Flu Shot" and then "Add Appointment Date" and enter the date of your appointment.

QUESTIONS?

- Virgin Pulse: 888-671-9395
- LabCorp: <u>Support@lescustomercare.zendesk.com</u>
- Medical or Pharmacy Card: refer to the number on the back of your card
- Energy Harbor Corporate Benefits: Ginnie Lowers, Benefits Analyst at <u>vlowers@energyharbor.com</u> or Bill Thompson, Compensation & Benefits Manager at <u>wwthompson@energyharbor.com</u>

*Fulltime/Part time employees and spouses/domestic partners enrolled in a medical plan are eligible to earn a reward through their own individual accounts via the Wellness Program administered by Virgin Pulse. However, those enrolled in a local union health care plan should refer to their own plan rules regarding Physician or Pharmacy visits.

On-site clinics are available to employees only. Fulltime/Part time employees and Spouses/domestic partners enrolled in a medical plan can utilize one of the above options to obtain their biometric screening and/or flu shots.